



Birds of T. O. Fuller State Park

1500 Mitchell Road, Memphis, Tennessee 38109 / 901-543-7581

T.O. Fuller State Park occurs on a bluff overlooking the floodplain of the Mississippi River. Lying in the heart of the Mississippi Flyway, the park offers great opportunities to see migrating birds in the spring and fall. Look for warblers, vireos, thrushes and flycatchers along the eight miles of park trails and along forest edges. A new wildlife enhancement area containing four miles of paved trails is under development and will consist of floodplain wetlands, wildflower valleys, native grassy meadows, and upland ponds. The area has already attracted rare black-bellied whistling ducks, and nesting black-necked stilts. TO Fuller now has 140 species of birds observed.



Indigo Bunting

Responsible Birding

- Do not endanger the welfare of birds.
- Tread lightly and respect bird habitat.
- Silence is golden.
- Do not use electronic sound devices to attract birds during nesting season, May-July.
- Take extra care when in a nesting area.
- Always respect the law and the rights of others, violators subject to prosecution.
- Do not trespass on private property.
- Avoid pointing your binoculars at other people or their homes.
- Limit group sizes in areas that are not conducive to large crowds.

Helpful Links

Tennessee Birding Trails
www.tnbirdingtrail.org
Field Checklist of Tennessee Birds
www.tnwatchablewildlife.org
eBird Hotspots and Sightings
www.ebird.org
Tennessee Ornithological Society
www.tnbirds.org
Tennessee State Parks Birding
www.tnstateparks.com/activities/birding



T E N N E S S E E
State Parks
www.tnstateparks.com

Additional Nearby State Park Birding Opportunities

Big Hill Pond – Campground - Pocahtontas, TN 38061 / 731-645-7967
www.tnstateparks.com/parks/about/big-hill-pond

Chickasaw – Cabins, Campground – Henderson, TN 38340 / 731-989-5141
www.tnstateparks.com/parks/about/chickasaw

Fort Pillow – Campground - Henning, TN 38041 / 731-738-5581
www.tnstateparks.com/parks/about/fort-pillow

Meeman-Shelby Forest – Cabins, Campground - Millington, TN 38053 / 901-876-5215
www.tnstateparks.com/parks/about/meeman-shelby

Birding Locations In and Around T.O. Fuller State Park

A hiking trail map is available at the park.

Discovery Trail: 35.05973, -90.11393

4.0 Miles – Natural Surface – Moderate – Year-round

The forested trail follows the bluff. This forested trail is a 4 mile continuous loop following the bluff with a number of scenic points of interest including Chucalissa Indian Village and wetlands.

Featured Birds: neotropical migrants and nesting songbirds.

Nature Enhancement Area: 35.06441, -90.11122

4.0 Miles - Paved Surface – Moderate – Year-round

The trail follows the old golf cart paths through a wildlife enhancement area. The area consists of floodplain wetlands, wildflower valleys, native grassy meadows, and upland ponds.

Featured Birds: Mississippi kites, herons and egrets, sparrows, and neotropical migrants during the spring and fall.

West Mitchell Road: Parking: 35.0638, -90.1182

0.4 Miles – Paved Surface – Easy – Year-round

There is limited parking found at the intersection of West Mitchell Road and Plant Road. After parking, walk along West Mitchell Road beyond the barricade. The road ends at two large wetlands south of Riverport Road.

Featured Birds: herons and egrets, waterfowl, and songbirds.

Nearby Birding Locations

Ensley Bottoms Complex: Ensley Sewage Ponds: 35.06452, -90.1385 – Year-round

Due to the complicated nature of this site please visit the Tennessee Watchable Wildlife page at www.tnwatchablewildlife.org/wheretowatch.cfm and navigate to the Ensley Bottoms Complex. Mudflats and ponds provide excellent birding opportunities. Over 300 species of birds have been identified.

Featured Birds: wintering waterfowl, black-bellied whistling-duck all year, herons and egrets, Mississippi kite and other hawks, shorebirds including black-necked stilts in summer, least tern in summer, loggerhead shrike, sparrows and many other songbirds.

Overton Park: Parking: 35.146538, -89.991301 – Year-round

www.overtonpark.org, 901-214-5450

The site is a typical urban park with many recreational facilities. Within the park is the Old Forest State Natural Area which is a 126-acre mature hardwood forest containing numerous walking trails. Over 190 species of birds have been identified from the park.

Featured Birds: Mississippi kite (summer only), yellow-billed cuckoo, woodpeckers, and migrating, nesting and resident songbirds.

Shelby Farms Park: Visitor's Center: 35.138423, -89.834159 - Year-round

www.shelbyfarmspark.org, 901-222-7275

The 4,500-acre park contains a great variety of habitats. Hyde and Pine Lakes are excellent for wintering waterfowl. The area called the Outback is excellent for field and scrub birds such as sparrows. Lucius E. Burch, Jr. State Natural Area provides 728 acres of bottomland forest. The park has over 40 miles of trails in which to bird from. Over 260 bird species identified.

Featured Birds: waterfowl, hawks, barred owl, sparrows and other songbirds.