Picnic Areas
Rock Island has five shelters that may be reserved up to one year in advance. If not reserved, they may be used on a first-come basis. Each picnic shelter has a group grill, picnic tables, and adjacent restrooms. Parking is first-come.

Planned Programs
During the summer, interpretive and recreational programs include canoe floats, rock hops, wildflower hikes, history tours, park ranger talks, live animal presentations, and much more.

Other Nearby State Parks
- Burgess Falls State Park, Sparta – 25 miles
- Fall Creek Falls State Park, Spencer – 30 miles

Visit Safely
To make your visit to the park as safe and enjoyable as possible, please obtain and read a safety brochure upon arrival to the park. Orient yourself with the geography of the gorge, and the proximity of Great Falls Dam and the TVA Powerhouse. Always use caution in areas around and downstream of TVA Great Falls Dam or the TVA powerhouse. Large amounts of water may be released at any time without warning. Obey posted warnings, sirens, and check TVA water release/generation schedules before entering the river gorge. Always wear a lifejacket in these areas.

For more information, call 800-238-2264 option 4, [36] or visit www.tva.gov/lakes/gfh.htm. Please visit our website for more detailed information.

Directions
Located 15 miles southwest of Sparta. From I-40, take Exit 288 or from I-24 take Exit 111.

Hours of Operation
7:00 AM to 10:00 PM
Some public areas close at earlier times.

Rock Island State Park
82 Beach Road
Rock Island, TN 38581
800-713-6065
931-686-2471

Tennessee State Parks
William R. Snodgrass TN Tower
312 Rosa L. Parks Avenue, 2nd Floor
Nashville, TN 37243
888-867-2757

www.tnstateparks.com

Get Involved
Volunteers and Friends assist in protecting, preserving, and promoting the cultural and natural resources of their favorite state park. They do this by giving of their time and talents to ensure the park’s integrity for future generations to enjoy. It’s easy to show your support – join a Friends group or participate in one of the many volunteer opportunities offered to individuals, families, and groups.

To learn more visit www.tnstateparks.com/about/get-involved.

Photo by Jackson Kayak
Rock Island State Park

Rock Island State Park is 870-acres located on the headwaters of Center Hill Lake at the confluence of the Caney Fork, Collins and Rocky Rivers. Hiking, swimming, fishing, and kayaking, are great ways to explore the scenic overlooks, waterfalls, deep pools, and limestone paths. A natural sand swim beach and boating access provide access to Center Hill Lake. The park’s namesake is an island in the Caney Fork River. A textile mill operated here in the 1890s. In 1917, a hydroelectric plant and dam were built by the Tennessee Electric Power Company, just downstream from the Caney Fork and Collins Rivers, creating Great Falls Lake. The plant’s village and Rock Island thrived during this time, for employees and as a resort. The community’s water supply flowed from the Spring House. Resembling a castle, it is now a quaint park feature. The Tennessee Valley Authority took over operations in the 1940s, and in 1966 leased property to the State of Tennessee for park development. Since then, Rock Island has been a leading recreation area.

Boating

Rock Island has a boat launch ramp on Center Hill Lake and nearby launch ramps provide access to the Collins, Rocky and Caney Fork Rivers. Canoeing and kayaking are very popular; The park has hosted the U.S. Freestyle Kayaking World Championships. Some sections are for experienced kayakers only. Always wear a life jacket. Swimming is not permitted due to irregular water releases from the dam and powerhouse.

Gift Shop

The visitor center sells apparel, caps, books, and other items.

Cabin Rentals

Rock Island has 10 cabins, open year-round. Each cabin has three bedrooms, two bathrooms and includes a microwave, cooking utensils, dishes, linens, dishwasher, washer and dryer, and Wi-Fi. Each features an indoor fireplace with gas logs (winter only), satellite TV, DVD player, outdoor fire ring and outdoor charcoal grill area. Cabin 10 is accessible, and Cabins 1 and 2 accommodate pets. Reservations may be made online up to one year in advance.

Hiking

The park has eight trails, varying from 0.15-mile to 3.00 miles. Park trails are known for abundant spring wildflower displays, rugged beauty, waterfalls, and wildlife viewing.

Camping

Rock Island has two campgrounds. The main campground has 50 sites (1-50) that accommodate RVs and trailers. Some sites also hold tents. Each campsite has a charcoal grill, lantern hanger, picnic table, 20-, 30-, and 50-amp electrical service, and water hookups. Sites 1, 2, 3, 4, 31, and 34 also have sewer hookups. There is a dump station for self-contained rigs. Sites 31 and 32 are accessible. There are two bathhouses with hot showers and accessible restrooms. Wi-Fi is available. The tent campground has 10 sites (51-60), each with 20-amp electrical service, water hookups, lantern hanger, charcoal grill, and picnic table. A bathhouse with hot water services this campground. Reservations may be made up to one year in advance. Pets are allowed as long as they are on a leash.

Fishing

Fishing is available year-round on Center Hill and Great Falls Lakes as well as on nearby Caney Fork, Collins, and Rocky Rivers. A variety of catches are common including largemouth and smallmouth bass, catfish, crappie, and bluegill among others. Park waters are most widely known for excellent walleye fishing and more recently trophy muskellunge (musk) fishing. Park waters have produced a one-time U.S. record walleye and a Tennessee record catfish. Bait, tackle, and required Tennessee fishing licenses are available at local stores.