Biking
The Jones Mill Mountain Bike Trail in the Bryant Grove Recreation Area is a day-use dirt trail with strenuous and beginner loops. Hikers are also welcome on the bike trail.

Directions
From Nashville, take 1-40 East to Mt. Juliet Road, Exit 226-A. Go south 6.2 miles to main park entrance. Or, take 1-24 East to Old Hickory Blvd., Exit 62. Go north (left) on SR 171 for 6.4 miles to main park entrance.

Picnic Pavilions and Playgrounds
Two pavilions with tables and grills are available. Couchville Shelter on Couchville Lake can be reserved and accommodates 50 people. A paved, handicap-accessible trail, fishing pier, boathouse, volleyball court, playground and restrooms are nearby. Bryant Grove Shelter, on Priest Lake, holding up to 40 people, is available without a reservation. The area also offers a small, sand swim beach, playground, volleyball court and restrooms.

Pet Policy
Pets are welcome, designated areas are provided and posted for your convenience. Pets are not allowed in the Couchville Recreation Area or at the Bryant Grove Recreation Area. Leashed pets are allowed in the following areas: Visitor’s Center/Deer Trail, The Bluffs/Inland Trail, the Jones Mill Mountain Bike Trail, Day Loop Trail and Volunteer Trail.

Other Nearby State Parks
- Bicentennial Capitol Mall – 18 miles
- Cedars of Lebanon – 18 miles
- Radnor Lake – 20 miles

Long Hunter State Park
2910 Hobson Pike
Hermitage, TN 37076
615-885-2422

Tennessee State Parks
William R. Snodgrass TN Tower
312 Rosa L. Parks Avenue, 2nd Floor
Nashville, TN 37243
888-867-2757
www.tnstateparks.com

Volunteer Opportunities
The Friends of Long Hunter State Park assist in protecting, preserving and supporting the cultural and natural resources of the state park, giving of their time and talents to ensure their park’s integrity for future generations to enjoy. It’s easy to show your support – join the Friends group or participate in one of the many volunteer opportunities we offer individuals, families and groups.

To learn more about the Friends visit www.friendsoflonghunter.com. To learn more about volunteer opportunities in your area visit www.tnstateparks.com.

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The Tennessee Department of Environment and Conservation is committed to principles of equal opportunity, equal access and affirmative action. Contact the Tennessee Department of Environment and Conservation for more information. Hearing impaired callers may use the Tennessee Relay Service at 800-848-0298.
Long Hunter State Park contains 2,667 beautiful acres along the shoreline of J. Percy Priest Lake. The park is divided into four distinct sections: Couchville, Baker’s Grove, Bryant Grove and Sellers Farm. With miles of trails traversing unique cedar glades and a Mississippian Indian village satellite, the park provides a rich experience for visitors. The Tennessee Coneflower is found here along with other unique plants, mammals, birds, reptiles and amphibians.

Meeting Rooms
Long Hunter has one handicap-accessible meeting room that can be reserved for groups of up to 40 people seated auditorium style or 20 classroom style.

Boating/Fishing
The park features two public boat launch ramps for access to J. Percy Priest Lake (41,000 acres). All types of water recreation are enjoyed on the lake. Fishing in spring is popular for bass and crappie, while bream and catfish are year-round. Licenses and bait are not sold at the park but are available at nearby, off-site stores. Couchville Lake (110 acres) is located within the park and has several handicap accessible fishing piers. The tranquil lake offers jon boat and canoe rentals during the summer months. Paddles and life vests are provided. Children under five years of age are not allowed in rented vessels. Gas motors are not permitted on Couchville Lake, however privately owned canoes and kayaks are welcome. All boaters must wear life vests while on Couchville Lake.

Hiking
There are 26 miles of easy to moderate hiking trails ranging from one mile to six miles, covering terrain from cedar glades to oak-hickory forest to bluff overviews. Couchville’s two mile paved Lake Trail is perfect for strollers and wheelchairs. Maps are available at each park section. Day hikers must exit trails by sunset.

Swimming
Swimming is allowed only at Bryant Grove. The sandy, roped swim area has tables, grills, a playground area and a volleyball court nearby. Swimming is unsupervised.

Camping
Two backcountry campsites are a six-mile hike in, along Priest Lake’s shoreline. They are reserved online. Leashed pets are allowed.

Group Camp
Organized groups can reserve three primitive campsites containing picnic tables, fire rings, nearby water and access to the park office restroom. A maximum of 100 campers allowed on a given night.