



# Birds of Cedars of Lebanon State Park

328 Cedar Forest Road, Lebanon, Tennessee 37090 / 800-713-5180

Cedars of Lebanon is situated within a 10,000-acre State Forest in the states' Inner Central Basin. Characterized by thin limestone soils and little surface water, the area is forested with eastern red cedar or by hardwoods on low hills or where deep soils occur. Forests are interspersed with extensive level open cedar glades, unique habitats that support rare or endemic plants and attract birds of open country such as indigo bunting, prairie warbler, field sparrow and yellow-breasted chat. Adjacent oak-hickory woods are home to forest species such as barred and eastern screech owl, tanagers, vireos and several warblers. Over 121 species have been recorded.



Chuck Will's-Widow

## Responsible Birding

- Do not endanger the welfare of birds.
- Tread lightly and respect bird habitat.
- Silence is golden.
- Do not use electronic sound devices to attract birds during nesting season, May-July.
- Take extra care when in a nesting area.
- Always respect the law and the rights of others, violators subject to prosecution.
- Do not trespass on private property.
- Avoid pointing your binoculars at other people or their homes.
- Limit group sizes in areas that are not conducive to large crowds.

## Helpful Links

Tennessee Birding Trails  
[www.tnbirdingtrail.org](http://www.tnbirdingtrail.org)  
Field Checklist of Tennessee Birds  
[www.tnwatchablewildlife.org](http://www.tnwatchablewildlife.org)  
eBird Hotspots and Sightings  
[www.ebird.org](http://www.ebird.org)  
Tennessee Ornithological Society  
[www.tnbirds.org](http://www.tnbirds.org)  
Tennessee State Parks Birding  
[www.tnstateparks.com/activities/birding](http://www.tnstateparks.com/activities/birding)



T E N N E S S E E  
**State Parks**  
[www.tnstateparks.com](http://www.tnstateparks.com)

## Additional Nearby State Park Birding Opportunities

Bledsoe Creek – Campground, Trails, Visitor Center, Gallatin, Tennessee 37066 / 615-452-3706  
[www.tnstateparks.com/parks/about/bledsoe-creek](http://www.tnstateparks.com/parks/about/bledsoe-creek)

Edgar Evins – Cabins, Campground, Trails, Visitor Center, Silver Point, Tennessee 38582 / 800-250-8619  
[www.tnstateparks.com/parks/about/edgar-evins](http://www.tnstateparks.com/parks/about/edgar-evins)

Long Hunter - Day Use, Picnicking, Trails, Visitor Center, Hermitage, Tennessee 37076 / 615-885-2422  
[www.tnstateparks.com/parks/about/long-hunter](http://www.tnstateparks.com/parks/about/long-hunter)

Radnor Lake - Day Use, Trails, Visitor Center, Nashville, Tennessee 37220 / 615-373-3467  
[www.tnstateparks.com/parks/about/radnor-lake](http://www.tnstateparks.com/parks/about/radnor-lake)

# Birding Locations In and Around Cedars of Lebanon State Park

A hiking trail map is available at the park.

## **Cedar Run Trail:** 36.08537, -86.32484

1.90 Miles - Natural Surface - Easy - Year-round

From trailhead next to Jackson Cave, this trail traverses cedar woods edges containing former farm ponds, sinkholes, and the interior of an ongoing prairie restoration project area managed by prescribed fire.

**Featured Birds:** summer tanager, prairie warbler, common yellowthroat, yellow-breasted chat, field sparrow, indigo bunting, eastern towhee, red-tailed hawk, wild turkey, common nighthawk, American woodcock.

## **Dixon Merritt Trail:** 36.08595, -86.32433

0.90 Miles - Natural Surface - Easy - Spring, Summer, Fall

This trail begins in the picnic area next to Cedar Forest Lodge and winds through young woodlands and by a large spring.

**Featured Birds:** yellow-billed cuckoo, Kentucky and various warblers, Carolina wren, red-shouldered hawk, eastern screech-owl, blue-gray gnatcatcher, tufted titmouse, red-headed woodpecker in picnic area.

## **Hidden Springs Trail (south portion/road):** 36.07694, -86.31624

3.50 Miles - Natural/Paved Surface - Easy - Spring, Summer, Fall

When starting at the picnic area and using Susie Warren Trail/Cedar Forest Road, the route travels through oak-hickory forest, large open cedar glade and road edge.

**Featured Birds:** white-eyed, red-eyed and yellow-throated vireos, black and white warblers, ovenbird, Cooper's hawk, eastern whip-poor-will, great-crested flycatcher, wood thrush, barred owl, pileated woodpecker, chuck-will's-widow [look for red eyeshine along edge of road].

## Nearby Birding Locations

### **Old Hickory Lake: Lock 5 Refuge: Highway 231:** 36.30374, -86.26255

[www.tnwatchablewildlife.org](http://www.tnwatchablewildlife.org) - Winter, Spring, Fall

This portion of an extensive U.S. Army Corps of Engineers refuge contains tree-lined river and creek banks with cultivated fields subject to flooding in winter. The refuge is especially important for mallards, American coots and various wintering waterfowl.

**Featured Birds:** Canada goose, common loon, pied-billed grebe, black-crowned night-heron, great egret, prothonotary and other warblers in migration.

### **Old Hickory Dam: "Snow Bunting" Peninsula: OHL Park:** 36.28756, -86.65756

[www.tnwatchablewildlife.org](http://www.tnwatchablewildlife.org) - Winter, Spring, Fall

A large part of Old Hickory Lake can be scanned from this area, with cormorants, grebes, gulls and many winter ducks observed, with occasional sightings of rare species. The refuge is especially important for sandhill cranes, grassland birds and waterfowl. Largest breeding colonies of wading birds are on the lake.

**Featured Birds:** great blue heron, double-crested cormorant, cattle egret, osprey, killdeer, horned lark, swamp, white-throated and song sparrow.

### **Percy Priest Lake: Dam Overlook:** 36.158544, -86.615344

[www.tnwatchablewildlife.org](http://www.tnwatchablewildlife.org) - Winter, Spring, Fall

The dam area provides extensive views of the lake, where a variety of winter and transient waterfowl stop over. The adjacent Stones River Greenway provides a mix of woodland and shrubland species. Ninety four species of birds identified.

**Featured Birds:** great egret, common loon, black-crowned night-heron, Caspian, common and Forster's tern, blue grosbeak, yellow-breasted chat, indigo bunting, and a variety of migratory warblers and vireos.